Medical Policy



Electrical Stimulation (ES) and Electromagnetic Therapy for the Treatment of Wounds in the Home Setting

Description

Electrical stimulation (ES) refers to the application of electrical current through electrodes placed directly on the skin in close proximity to the wound. The types of electrical stimulation and devices can be categorized into 4 groups based on the type of current:

- Low intensity direct current (LIDC)
- High voltage pulsed current (HVPC)
- Alternative current (AC)
- Transcutaneous electrical nerve stimulation (TENS)

Electromagnetic therapy is a related but distinct form of treatment that uses a machine that creates an electromagnetic field rather than direct electrical current.

Policy

Electrical stimulation and electromagnetic therapy for the treatment of wounds performed by the patient in the home setting is considered investigational.

Policy Guidelines

It is unknown whether electrical stimulation or electromagnetic therapy in the home setting without supervision by a healthcare provider improves wound healing compared with conventional wound care techniques.

The current body of evidence in the published literature only addresses the use of electrical stimulation therapy applied and supervised by healthcare professionals.

THCPCS Level II Codes and Description

- E0769 Electrical stimulation or electromagnetic wound treatment device, not otherwise classified
- G0281 Electrical stimulation, (unattended), to one or more areas, for chronic Stage i and Stage IV pressure ulcers, arterial ulcers, diabetic ulcers, and venous stasis ulcers not demonstrating measurable signs of healing after

30 days of conventional care, as part of a therapy plan of care.

- G0282 Electrical stimulation, unattended, to one or more areas, for wound care other than described in G0281
- G0329 Electromagnetic therapy, to one or more areas for chronic Stage III and Stage IV pressure ulcers, arterial ulcers, diabetic ulcers and venous stasis ulcers not demonstrating measurable signs of healing after 30 days of conventional care as part of a therapy plan of care.
- E0761 Non-thermal pulsed high frequency radio waves, high peak power electromagnetic energy treatment device

Important Note:

Northwood's Medical Policies are developed to assist Northwood in administering plan benefits and determining whether a particular DMEPOS product or service is reasonable and necessary. Equipment that is used primarily and customarily for a non-medical purpose is not considered durable medical equipment.

Coverage determinations are made on a case-by-case basis and are subject to all of the terms, conditions, limitations, and exclusions of the member's contract including medical necessity requirements.

The conclusion that a DMEPOS product or service is reasonable and necessary does not constitute coverage. The member's contract defines which DMEPOS product or service is covered, excluded or limited. The policies provide for clearly written, reasonable and current criteria that have been approved by Northwood's Medical Director.

The clinical criteria and medical policies provide guidelines for determining the medical necessity for specific DMEPOS products or services. In all cases, final benefit determinations are based on the applicable contract language. To the extent there are any conflicts between medical policy guidelines and applicable contract language, the contract language prevails. Medical policy is not intended to override the policy that defines the member's benefits, nor is it intended to dictate to providers how to direct care. Northwood Medical policies shall not be interpreted to limit the benefits afforded to Medicare or Medicaid members by law and regulation Northwood will use the applicable state requirements to determine required quantity limit guidelines.

Northwood's policies do not constitute medical advice. Northwood does not provide or recommend treatment to members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

References

Centers for Medicare and Medicaid Services (CMS). Decision memo for electrostimulation for wounds (CAG-00068R). In: Medicare Coverage Database.

Baltimore, MD: December 17, 2003. Accessed March 21, 2011. Available at URL address: http://www.cms.hhs.gov/mcd/viewdecisionmemo.asp?id=28

Aetna: Electrical Stimulation for Chronic Ulcers. <u>http://www.aetna.com/cpb/medical/data/600_699/0680.html</u>

Cigna: Electrical Stimulation for Wound Healing. <u>http://www.cigna.com/assets/docs/health-care-</u> <u>professionals/coverage_positions/mm_0351_coveragepositioncriteria_electrical_</u> <u>stimulation_for_wound_healing.pdf</u>

Blue Cross Blue Shield Regence: Electrostimulation and Electromagnetic Therapy for the Treatment of Wounds in the Home Setting. http://blue.regence.com/trgmedpol/dme/dme67.html

Applicable URAC Standard

Core 8	Staff operational tools and support.	
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Change/Authorization History

Revision Number	Date	Description of Change	Prepared / Reviewed by	Approved by	Review Date:
А	11-20-08	Initial Release	Rosanne Brugnoni	Ken Fasse	n/a
01		Annual Review – no changes	Susan Glomb	Ken Fasse	12-2008
02	12-22-09	Annual Review- No changes	Susan Glomb	Ken Fasse	Dec.2009
03	12-02-10	Annual Review – no changes	Susan Glomb	Ken Fasse	Dec.2010
04	02-04-11	Policy updated to identify treatment as investigational/experimental	Susan Glomb	Ken Fasse	
05	07-20-11	Added Important Note to all Medical Policies	Susan Glomb	Dr. B. Almasri	
06	11-28-11	Annual Review. Added References to Policy	Susan Glomb	Dr. B. Almasri	Nov. 2011
07	12-10-12	Annual Review. No changes.	Susan Glomb	Dr. B. Almasri	
08	12-18-13	Annual review. No changes	Susan Glomb	Dr. B. Almasri	
09	11-25-14	Annual Review. No changes	Susan Glomb	Dr. B. Almasri	

10	11-25-15	Annual Review. No Changes.	Lisa Wojno	Dr. B. Almasri	November 2015
11	12-01-16	Annual Review. No Changes.	Lisa Wojno	Dr. B. Almasri	December 2016
12	12-12-17	Annual review. No changes.	Carol Dimech	Dr. C. Lerchin	December 2017
13	12-01-18	Annual Review. No Changes.	Lisa Wojno	Dr. C. Lerchin	December 2018